



## Promoting Healthy Masculinities: A Workshop for Parents and Professionals

A full day conversation on supporting boys with  
Stephen Grant LCSW, Howard Hiton LPC, and Peter Mortola PhD

*We have become all too familiar with demonstrations of unhealthy masculinity: sexual abuse, harassment, supremacy movements, and bullying of anyone who dares step outside the "gender box" of manliness. Where are the models of the range of healthy masculinities? Given all the examples of how boys should not act, how can they act?*

*In this workshop we will address some of the most challenging issues related to raising boys such as aggression, sexuality, gaming, competition, communication, and relationships. Participants will leave with a broader and more compassionate understanding of the dilemmas boys face, as well as strategies for helping our boys develop in healthy, confident and relational ways.*

For more information contact Howard  
Hiton at (503)-234-6972 or visit  
[www.bamgroups.com](http://www.bamgroups.com)

Saturday May 11, 2019

9:00am-4:00pm

Catlin Gabel School -Lower School Library  
8825 SW Barnes Rd  
Portland, OR 97225

### About the presenters:

Stephen Grant, Howard Hiton and Peter Mortola have over fifty years combined experience working with boys and their families. Stephen is a school counselor, Howard is in private practice, and Peter is a professor of counseling psychology. Together they authored BAM: A Leader's Guide to Facilitating Strengths-Based Groups for Boys. They are also each fathers of two sons.

### Participants will:

- Explore the research and theory underlying many boys' relational styles.
- Discuss the most common struggles parents face in raising boys.
- Gain skills to more effectively guide boys.

\$175 registration fee. Lunch on your own.

Lewis and Clark CEU credit available for an additional  
\$15.00 payable by check at the workshop.

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Detach and mail with your  
check for \$175.00 to:  
Howard Hiton  
516 SE Morrison St,  
Suite 1100  
Portland, OR 97214  
or  
fax to  
(503) 234-8017